

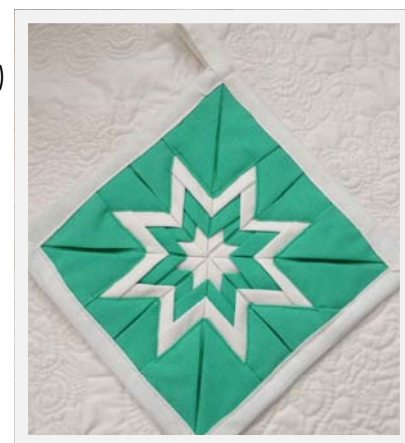


PS058

my amish star hanger

Requirements:

- :- Colour 1: 20cm x WOF (background square and Row 1 folded triangles) or a Fat $\frac{1}{4}$
- :- Colour 2: 10cm x WOF (Row 2 folded triangles) or a Fat $\frac{1}{8}$
- :- Colour 3: 10cm x WOF (Row 3 folded triangles) or a Fat $\frac{1}{8}$
- :- Colour 4: 15cm x WOF (Row 4 folded triangles) or a Fat $\frac{1}{8}$
- :- Backing Fabric: 20cm square
- :- Binding: 10cm x WOF



Finished Size: 7" square

Create:

Cut: 8" x 8" square background fabric - I used Colour 1

Cut: 8" x 8" square backing fabric

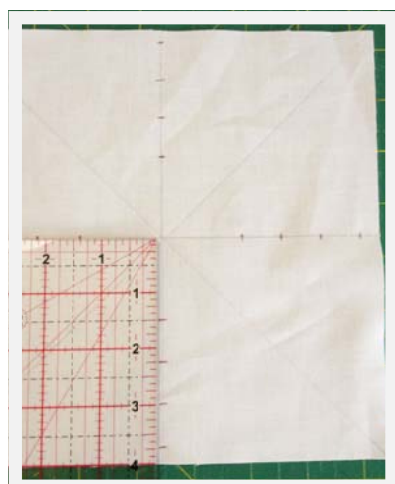
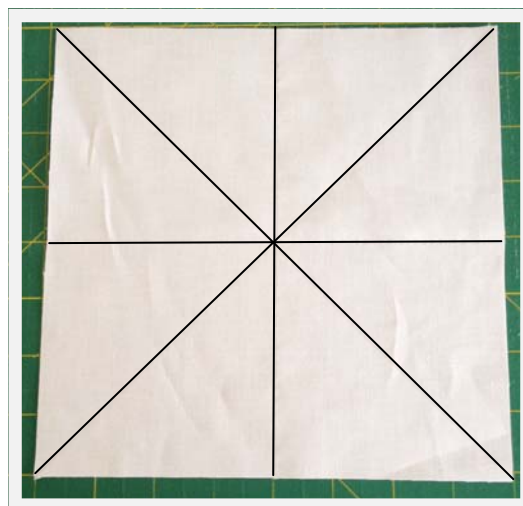
Colour 1: 1 strip 3" wide

Colour 2: 1 strip 3½" wide

Colour 3: 1 strip 4" wide

Colour 4: 1 strip 5" wide

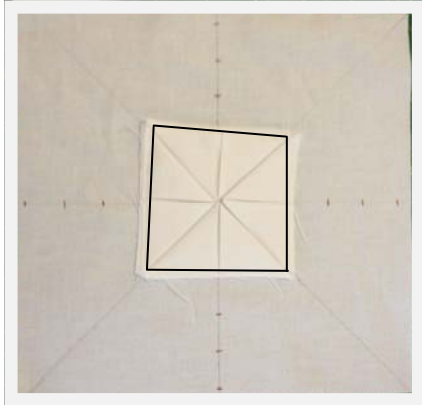
Step One: Take your 8" square background fabric and with a ruler and a pencil, draw lines from corner to corner, and then from middle to middle.



Step Two: Mark along the centre lines; 1½"; 2¼"; 3" and 3¾". These will be your placement lines.

Row 1:

Step Three: Take your Colour 1 fabric and cut your 3" strip into 5 x 3" squares. Take one of the squares and fold in half, wrong sides together and press, fold in half again and iron (this fold will make it easier for the next step). Finally take the two corners and fold them towards the pressed centre line. Make sure you have a small gap down the centre line for your folded triangle. All the raw edges should be together. Repeat for 3 more squares only, leave one square.

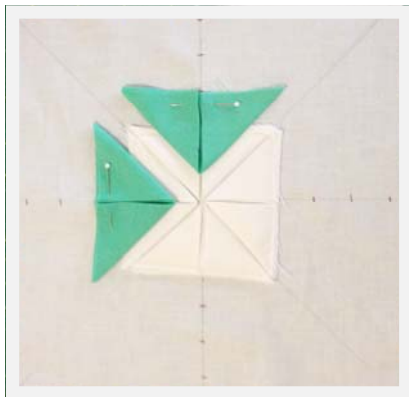


Step Four: Take your background square and place the 3" square over the center of the background square matching the 1/2" marks. Then place your Four folded and ironed triangles and match the raw edges with the 1/2" marks. Pin in place and edge stitch around your folded triangles. (see PS techniques)



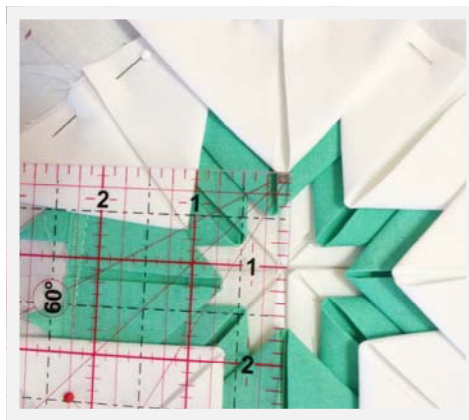
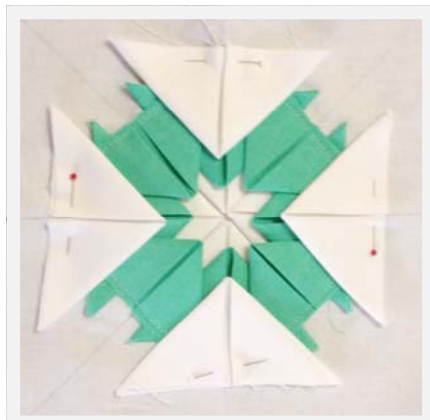
Row 2:

Step Five: Take your Colour 2 fabric and cut your 3 1/2" strip into 8 x 3 1/2" squares. Fold your squares to make triangles as Step 3. Place the first four folded triangles with the center fold matching the 2 1/4" marks. Place the remaining four folded triangles with the centre fold along the diagonal line and the point 1/2" from centre point. Pin in place and edge stitch around raw edges.



Row 3:

Step Six: Take your Colour 3 fabric and cut your 4" strip into 8 x 4" squares. Fold your squares to make triangles as Step 3. Place the first four folded triangles with the center fold matching the 3" marks. Place the remaining four folded triangles with the centre fold along the diagonal line and the point 1" from centre point. Pin in place and edge stitch around raw edges.



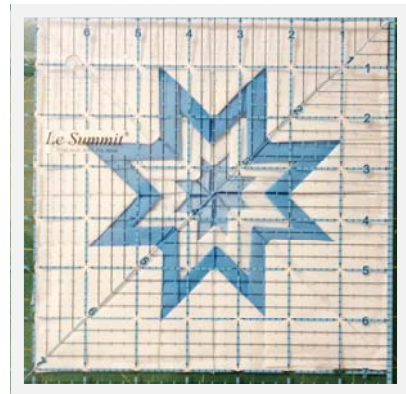
Row 4:

Step Seven: Take your Colour 4 fabric and cut your 5" strip into 4 x 5" squares. And then cut 4 x 4½" squares. Fold your 4 x 4½" squares to make triangles as Step 3. Place the 4 x 4½" folded triangles with the center fold matching the ¾" marks.



Step Eight: Take one of the 5" squares and fold in half diagonally wrong sides together and press, fold in half again and iron (this fold will make it easier for the next step). Finally take the two corners and fold them towards the pressed centre line. This makes a square shape. Make sure you have a small gap down the centre line for your folded square. All the raw edges should be together. Repeat for 3 more squares only.

Step Nine: Place the four folded squares with the centre fold along the diagonal line and the point 1½" from centre point. Pin in place and edge stitch around raw edges.

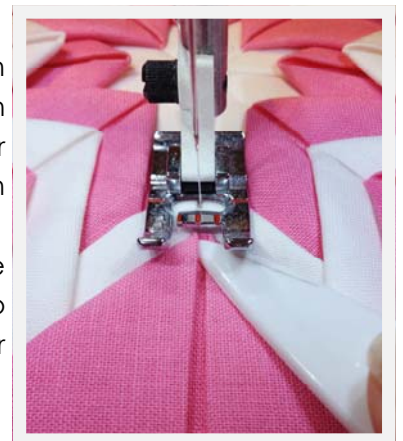


Finishing:

Step Ten: Trim your square to 7" square. (I didn't add batting but if you want to use it as a traditional pot holder then add a layer of batting)

Step Eleven: Cut a 7" backing square. With wrong sides together place the backing square underneath your amish folded star. (I sprayed quilt basting spray onto the back of the folded star and then placed the backing on... this helps with keeping the backing in place)

Using matching thread or you could use a clear thread, stitch across the mat through the folded points. I also found it easier to use a turning tool to help guide the stitches. I also stitched a simple echo of the outer star shape.



Binding:

Step Twelve: Cut a 2" strip x WOF

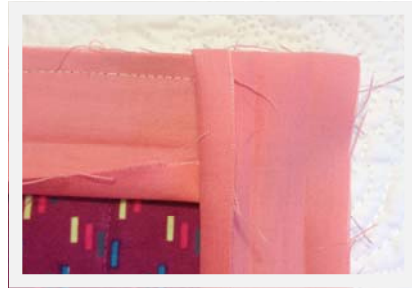
Fold the strip in half, wrong sides together and iron it, then open it up and iron the edges towards the center fold.



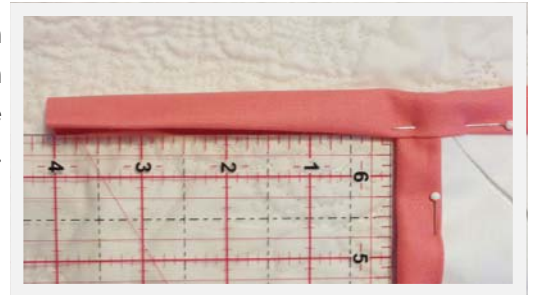


Step Thirteen: Using a 1/4" seam allowance. Start in one corner of your hanging. On the wrong side of your potholder, pin your binding wrong side up from the very end and start sewing from the top. Sew until you're a 1/4 inch away from the bottom edge. Backstitch and clip your thread.

Step Fourteen: At the corner, fold back your binding to a 45 degree angle . Fold it back at the right edge down towards the next side you're about to sew. Make sure you look at the photo and then you start your stitching from the top edge. Continue around 3 corners but don't do the last one .



Step Fifteen: When you come to the last corner, stop about an inch before the end. Take the starting point binding and pin it in place around the front.. Sew the final inch all the way to the edge. You should have a fairly long piece leftover at this point. You can now shorten it to 4" sticking out over the edge.



Step Sixteen: Fold over your binding and pin in place, making sure you get 45 degree corners as you pin.

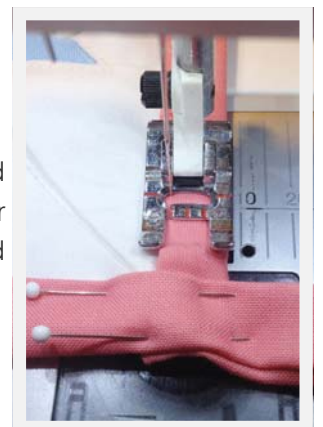


Step Seventeen: Before you sew it all in place, take the hanger piece sticking out and fold it back over itself, right sides together, and 1/8" from the edge, sew a few stitches back and forth to close it.



Step Eighteen: Flip it back and into the fold with the seam.

Step Nineteen: Start stitching at the end of the hanger, closing it off as you go and follow it all the way around. Stop a few inches from the end and flip the hanger underneath the end so you make the little loop with the same seam as you end the binding.

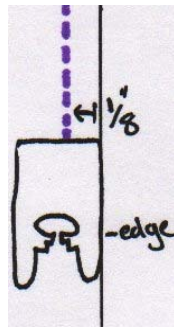


Your amish folded star has now been **PASSIONATELY SEWN** by you.
Janeene

P.S. Tip

If you want to make a round hanger, in Row 4 make 8 x 4½" folded triangles and place as per previous rows. Note: the diagonal folded triangles point needs to be 1½" from centre. Then cut a circle to make a round pot holder. Bind as Steps 12 to 19.

PASSIONATELY SEWN: techniques



Edge Stitch or Top Stitch

A row of machine stitching placed very close to a seam or garment edge. Stitching is usually about 1/8" away from the edge. If your sewing machine allows you to, move the needle off centre, towards the edge you will be stitching. This allows greater grab by the presser foot and feed dogs.



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